

STUDY ABROAD CHECKLIST

- ✓ **Apply** to foreign institution
- ✓ **Verify** Cardozo graduation requirements remaining with the Office of the Registrar
- ✓ **Obtain approval of course choices**
From the Graduate and International Programs office for Exchange Programs or the Dean of Students office for Independent Study Abroad
- ✓ Notify **Student Finance** of your intention to study abroad if you will be needing loan disbursement while abroad and/or would like to alter your cost of attendance
- ✓ **Make arrangements for health insurance**
You should ensure that you have health insurance that will cover you during your period abroad. Some programs offer health insurance options. In addition, your health insurance should be in place in the U.S. in the event you return home prematurely or to visit during your program abroad.
- ✓ Check into **visa requirements and apply accordingly, if required.**
- ✓ **Make travel arrangements**
Try STA Travel or Student Universe for tickets.
- ✓ **Register with AXA/Chubb Travel Insurance (exchange programs only)**
This travel insurance is required by Yeshiva University and students will be charged \$61/month for the length of their study abroad term. It provides 24/7 assistance with emergency medical coverage, mental health counseling, medical evacuation, and lost or delayed luggage reimbursement. YU requires all students who are traveling abroad to enroll in this plan, in addition to other health insurance coverage you elect for yourself. Students will be manually enrolled in the travel insurance once they are accepted into a program.
- ✓ **Register your travel with the State Department**
Go to website: <https://step.state.gov/step/>
- ✓ **Review and follow guidance of State Department Travel Advisories** for your foreign destination at <https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/>
- ✓ **Clean out your locker** at least one week prior to the semester's start.
- ✓ **Send your local foreign contact information** (address and cell phone number) to pamela.serota@yu.edu upon arrival.